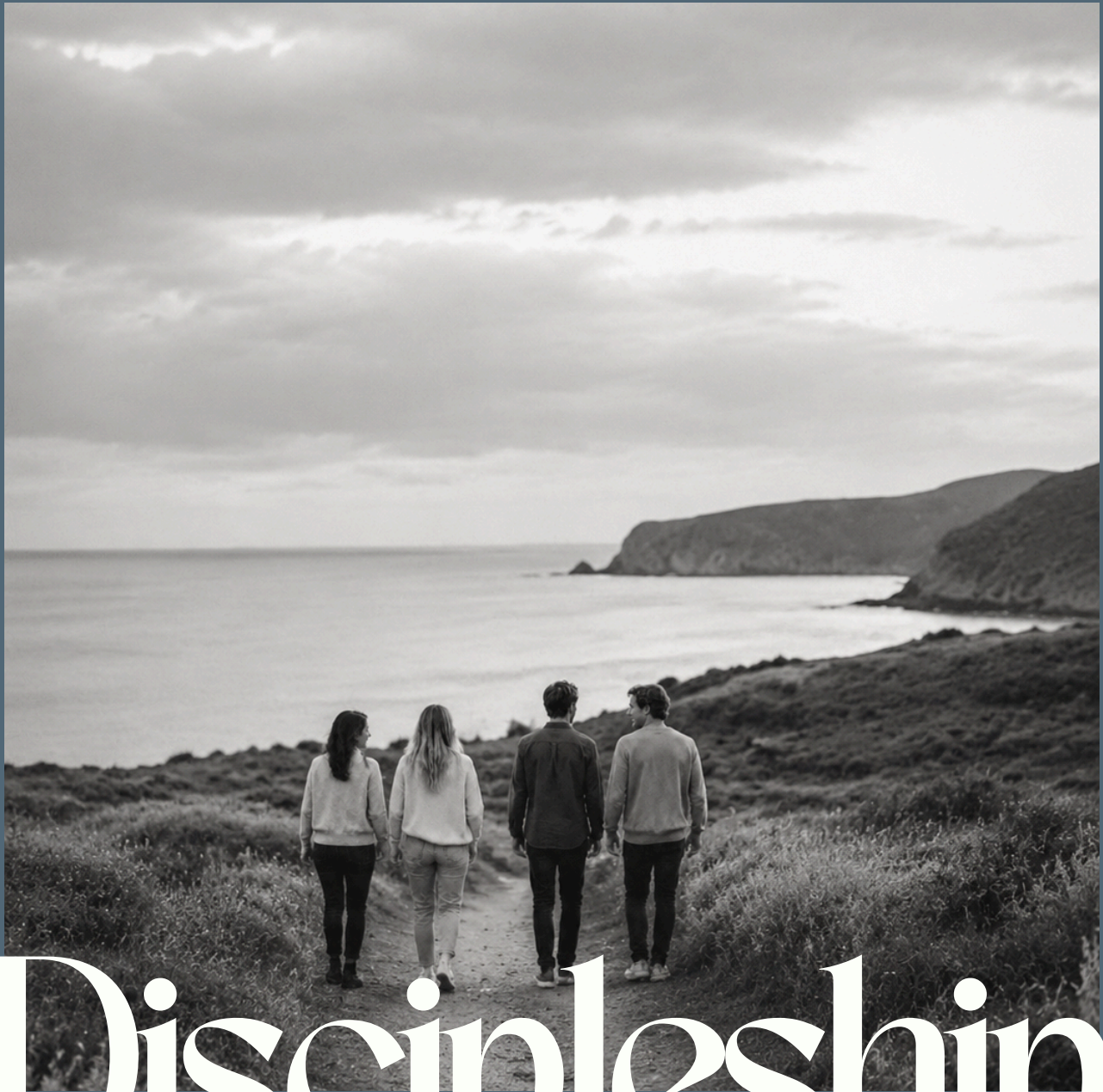


WORTHY

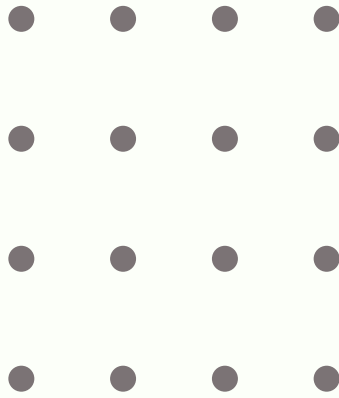
VISION 2026



Discipleship

PERSONAL STUDY

generations
church leipzig



Week 1

WHAT IS A DISCIPLE?

Week 1

Day 1

Scripture: Read Matthew 7:24–29, and then read Matthew 4 and 5.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you specifically notice about this passage?

Application: Journal an idea of how you can apply what you learned. Answer the question, “What fears keep me from following fully?”

Prayer: Take 5 minutes to pray and process the scripture and your applications, before you take time to pray for your family, friends, the church, and the city.

Memorization: Write out the verse Luke 9:23 twice.

Day 2

Scripture: Read Matthew 28:18–20, and Matthew 4 and 5 again.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn’t before?

Application: Write in your journal again. Answer the following question: “What is the heart behind Jesus’ teaching about being a light?”

Prayer: Take 5 minutes to pray and process the scripture and your applications, before you take time to pray for your family, friends, the church, and the city.

Memorization: Write out the verse Luke 9:23.

Day 3

Scripture: Read John 15:1–8 and Matthew 6.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn’t before?

Application: Journal an idea of how you can apply what you learned. Answer the question, “What is Jesus inviting me to leave behind?”

Prayer: Take 5 minutes to pray about those things you need to leave behind. Ask God for the insight to understand his teachings, and the boldness to follow his lead.

Memorization: Try to recite Luke 9:23, re-read it as necessary.

Day 4

Scripture: Read Matthew 6 again, and Matthew 7.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn’t before?

Application: Journal an idea of how you can apply what you learned. Answer the same question, “What is Jesus inviting me to leave?”, adding any new insights from the last 24 hours.

Prayer: Take 5 minutes to pray for yourself, and for any special needs that are on your mind before you take time to pray for your family, the church, and its leaders.

Memorization: Recite Luke 9:23 three times throughout your day.

Day 5

Scripture: Read Matthew 6 and 7 again.

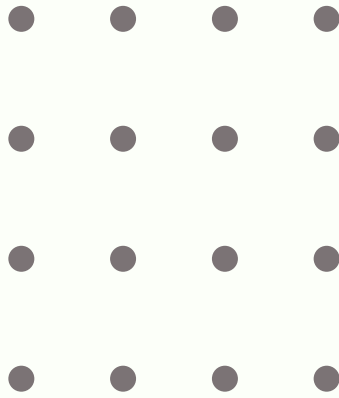
Observation: Spend 10 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn’t before?

Application: Journal about this week’s challenge: What is one distraction that competes with my relationship with Jesus. And how will I remove it?

Prayer: Take 5 minutes to pray and process the scripture and your applications, before you take time to pray for your family, friends, the church, and the city.

Memorization: Recite Luke 9:23 four times throughout your day, and take a break to meditate on Luke 9:23 for 10 minutes during your day.



Week 2

IDENTITY IN CHRIST

Week 2

Day 1

Scripture: Read Ephesians 1, and 2 Corinthians 5:17–20.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: In your journal complete the sentence: "I often believe I am..."

Then compare your thoughts to what Ephesians 1 tells you.

Prayer: Take 5 minutes to pray about the differences you observed, then take time to pray for your family, friends, the church, and the city.

Memorization: Write out the verse 2 Corinthians 5:17 twice.

Day 2

Scripture: Read Ephesians 1, and Galatians 2:20.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: In your journal write about the idea that God chose you before the creation of the world, and what that means for you.

Prayer: Take 10 minutes, first by praising God for choosing you, then simply talking to him about what it means to be his child.

Memorization: Write out the verse 2 Corinthians 5:17.

Day 3

Scripture: Read Ephesians 1, and Galatians 2:20 again.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: In your journal start the sentence: "God says I am...", then make a list of every identity statement in Ephesians 1.

Prayer: Take 5 minutes to pray and process the scripture and your thoughts, then take time to pray for your family, friends, the church, and the city.

Memorization: Try to recite 2 Corinthians 5:17, re-read it as necessary.

Day 4

Scripture: Read Ephesians 1, and Romans 8.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Reread the identity statements in Ephesians 1 which you wrote down yesterday. Then journal about how you could apply those statements to your daily life.

Prayer: Take 5 minutes to pray, thanking God for how he has changed your life since you came to faith. Then take another 5 minutes to pray about any changes you need to bring your thinking in line with God's word.

Memorization: Recite 2 Corinthians 5:17 three times throughout your day.

Day 5

Scripture: Read Ephesians 1, and Romans 8 again.

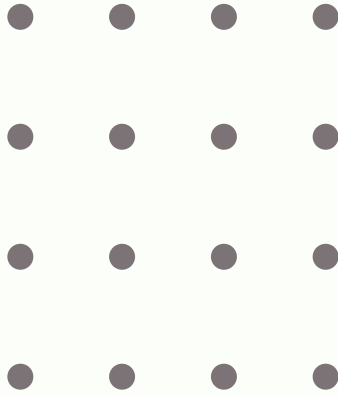
Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Think about the role of the Holy Spirit, as described in Romans 8. Journal about this question, "What does the Holy Spirit do to help me walk in my identity as a follower of Jesus?"

Prayer: Take 5 minutes to pray and invite the Holy Spirit to help you walk in your identity as a new creation. Take another 5 minutes to bring any needs you or your family have to God.

Memorization: Recite 2 Corinthians 5:17 four times throughout your day, and take a break to meditate on it for 10 minutes during your day.



Week 3

HEARING GOD'S VOICE

Week 3

Day 1

Scripture: Read Psalm 119: 1–16.

Observation: Spend 5 minutes in silence before God, thinking about what you read. What do you notice about this passage that you didn't before?

Application: Take 10 minutes to journal about how you think your experience has been the same as what you read in the scriptures today, and how it's been different. Write down any revelations you've had.

Prayer: Spend some time simply talking to God about the major points of today's scripture passage. Do you think he's been speaking to you through them? Listen for his voice.

Memorization: Write out the verse John 10:27.

Day 2

Scripture: Read Hebrews 4:12 and spend some time meditating on it.

Observation: Spend 5 minutes in silence before God, thinking about what you read. What do you notice about this passage that you didn't before?

Application: Take 10 minutes to journal about how you think your experience has been the same as what you read in the scriptures today, and how it's been different. Write down any revelations you've had.

Prayer: Spend some time simply talking to God about the major points of today's scripture passage. Do you think he's been speaking to you through them? Listen for his voice.

Memorization: Write out the verse John 10:27 twice.

Day 3

Scripture: Read John 10.

Observation: Spend 5 minutes in silence before God, thinking about what you read. What do you notice about this passage that you didn't before?

Application: Take 10 minutes to journal about how you think your experience has been the same as what you read in the scriptures today, and how it's been different. Write down any revelations you've had.

Prayer: Spend some time simply talking to God about the major points of today's scripture passage. Do you think he's been speaking to you through them? Listen for his voice.

Memorization: Try to recite John 10:27, re-read it as necessary.

Day 4

Scripture: Read John 14:15–31.

Observation: Spend 5 minutes in silence before God, thinking about what you read. What do you notice about this passage that you didn't before?

Application: Take 10 minutes to journal about how you think your experience has been the same as what you read in the scriptures today, and how it's been different. Write down any revelations you've had.

Prayer: Spend some time simply talking to God about the major points of today's scripture passage. Do you think he's been speaking to you through them? Listen for his voice.

Memorization: Recite John 10:27 three times throughout your day.

Week 3

Day 5

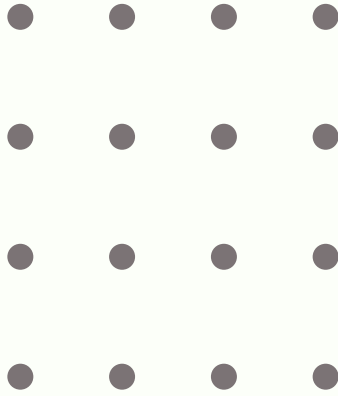
Scripture: Read James 1.

Observation: Spend 5 minutes in silence before God, thinking about what you read. What do you notice about this passage that you didn't before?

Application: Take 10 minutes to journal about how you think your experience has been the same as what you read in the scriptures today, and how it's been different. Write down any revelations you've had.

Prayer: Spend some time simply talking to God about the major points of today's scripture passage. Do you think he's been speaking to you through them? Listen for his voice.

Memorization: Recite John 10:27 four times throughout your day, and take a break to meditate on it for 10 minutes during your day.



Week 4

REPENTANCE AND FREEDOM

Week 4

Day 1

Scripture: Read 1 John 1.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about this passage that you didn't before?

Application: Journal about what you observed in the scriptures, and about how you think John viewed God.

Prayer: Take 5 minutes to pray and process the scripture and your thoughts, then take time to pray for your family, friends, the church, and the city.

Memorization: Write out the verse 1 John 1:9

Day 2

Scripture: Read Romans 6.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Journal about what you observed in the scriptures, and about how you think Paul felt about what Jesus did.

Prayer: Take 5 minutes to pray and process the scripture and your thoughts, then take time to pray for your family, friends, the church, and the city.

Memorization: Write out the verse 1 John 1:9 twice.

Day 3

Scripture: Read Romans 6 again.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Journal about "What chains still remain in my life?"

Prayer: Take 5 minutes to pray and process the scripture and your thoughts, then take time to pray for your family, friends, the church, and the city.

Memorization: Try to recite 1 John 1:9, re-read it as necessary.

Day 4

Scripture: Read James 5:13–20 and Psalm 51.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Pray through Psalm 51 and journal about how you think King David saw repentance and how you see it.

Prayer: Take 5 minutes to pray and process the scripture and your thoughts, then take time to pray for your family, friends, the church, and the city.

Memorization: Recite 1 John 1:9 three times throughout your day.

Day 5

Scripture: Read James 5:13–20 and Psalm 51 again.

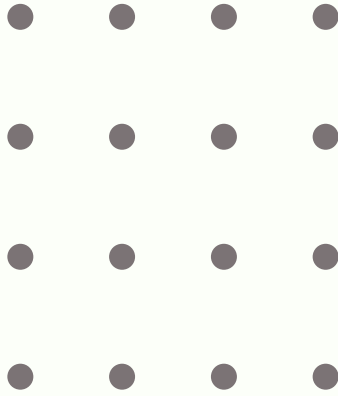
Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Pray through Psalm 51 again, and then confess one hidden struggle to a trusted believer, asking them to pray for you.

Prayer: Take 5 minutes to pray and process the scripture and your thoughts, then take time to pray for your family, friends, the church, and the city.

Memorization: Recite 1 John 1:9 four times throughout your day, and take a break to meditate on it for 10 minutes during your day.



Week 5

PRAYER THAT CHANGES US

Week 5

Day 1

Scripture: Read Psalm 63.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Try writing out your prayers today, as King David did with Psalm 63. See if that helps you stay focused.

Prayer: Take 15 minutes to pray and process the scripture and your thoughts, then take time to pray for your family, friends, the church, and the city.

Memorization: Write out the verses Philippians 4:6–7.

Day 2

Scripture: Read Psalm 63 again.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Psalm 63 was written by someone who truly loves God. Try writing your own love-Psalm to God today, focusing on ACTS:

- Adoration
- Confession
- Thanksgiving
- Supplication (asking / requesting)

Prayer: Take 15 minutes to pray through the verses of Psalm 63, imagining how they could apply to your own relationship with God.

Memorization: Write out the verses Philippians 4:6–7 twice.

Day 3

Scripture: Read Luke 11: 1–13.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Take time today to think through Jesus' prayer in Luke 11. Try to re-write it with modern language, and then take time to pray through it with your own words.

Prayer: Take 15 minutes to pray for your family, friends, the church, and the city. Use ACTS:

- Adoration
- Confession
- Thanksgiving
- Supplication

Memorization: Try to recite Philippians 4:6–7, re-read it as necessary.

Day 4

Scripture: Read Philippians 4, and Luke 11: 1–13

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Biblical Psalms weren't just poems, they were songs, and there are 150 of them in the Bible. If you consider yourself a singer, or are just willing to try, try spontaneously singing to God today. If you aren't a singer or can't be loud right now, try listening to the Lord's prayer as a song.

<https://open.spotify.com/track/4SlrqTbquf1uZyh2t9FH7k?si=5c20daacc1134406>

Prayer: Take 15 minutes to pray as the Holy Spirit leads you to pray today.

Memorization: Recite Philippians 4:6–7 three times throughout your day.

Week 5

Day 5

Scripture: Read Luke 11: 1–13 and Matthew 6.

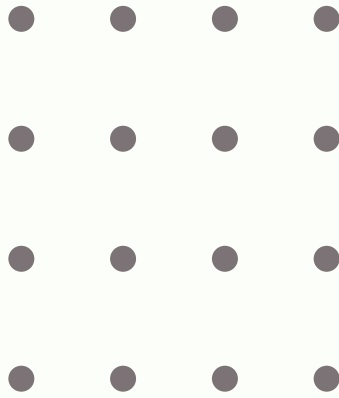
Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Focus on one section of the Lord's prayer in Luke 11. Take time to journal about the aspect of the Lord's prayer that stands out the most to you today.

Prayer: Take 15 minutes to pray as the Holy Spirit leads you to pray today.

Memorization: Recite Philippians 4:6–7 four times throughout your day, and take a break to meditate on it for 10 minutes during your day.



Week 6

COMMUNITY AND ACCOUNTABILITY

Week 6

Day 1

Scripture: Read Luke 24:13–53, and Acts 2:42–47.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these early church members that stands out to you as significant?

Application: Take a few minutes to imagine how the experiences that these disciples had with each other and with Jesus changed their lives and way they saw the value of community.

Also, text one person an encouraging word today.

Prayer: Take 15 minutes to pray for yourself today, and also for the members of your home group. Pray for yourself and for them through the themes of Acts 2:42–47.

Memorization: Write out the verses Hebrews 10:24–25.

Day 2

Scripture: Read Acts 2:42–47 and Hebrews 10:19–39.

Observation: Spend 5 minutes in silence before God, reflecting on what you read.

What do you notice about these passages that you didn't before?

Application: Take a few minutes to journal about your experiences with the church during this past month. How have they been uplifting? What was that like for you?

Then, text one person a prayer that you are praying for them today.

Prayer: Take 15 minutes to pray for yourself, for the person you texted today, and also for the members of your home group. Pray through Hebrews 10:24–25 for yourself and for them.

Memorization: Write out the verses Hebrews 10:24–25 twice.

Day 3

Scripture: Read 2 Timothy 1:1–14.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Take time to consider who the encouragers in your life have been, and how they lived. Make a list of their key characteristics.

Also, text one person and ask them how you can pray for them.

Prayer: Take 15 minutes to pray for yourself, for the person you texted today, and also for the members of your home group.

Memorization: Try to recite Hebrews 10:24–25, re-read it as necessary.

Day 4

Scripture: Read 2 Timothy 1:1–14 again, plus Jude 1:17–25.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about the characters in these passages?

Application: Take time to journal, and consider how you can be an encourager to others around you. Then, put your skills to work—text two people, asking them how you can pray for them today.

Prayer: Take 15 minutes to pray for yourself, for the people you texted today, and also for the members of your home group.

Memorization: Recite Hebrews 10:24–25 three times throughout your day.

Week 6

Day 5

Scripture: Reread Jude 1:17–25, and reread Luke 24:13–35.

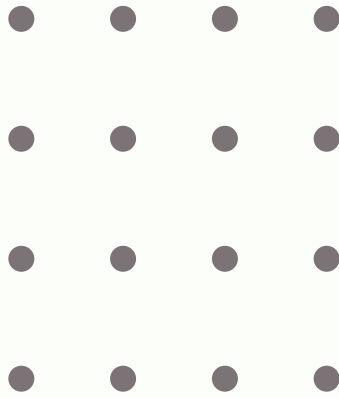
Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Take time to consider the interactions that were started when you texted words of encouragement or prayers to people this week. Journal about the experience, how it was encouraging to you, or what you learned from the experience. Then text one new person a word of encouragement and a bible verse today.

Prayer: Take 15 minutes to pray for the leaders of the church, for the people you texted today, and also for the members of your home group.

Memorization: Recite Hebrews 10:24–25 four times throughout your day, and take a break to meditate on it for 10 minutes during your day.



Week 7

MISSION AND EVANGELISM

Week 7

Day 1

Scripture: Read Matthew 9:1–13 and Acts 1:1–11.

Observation: Spend 5 minutes in silence before God, reflecting on what you read.

What do you notice that stands out to you as significant?

Application: Take 10 minutes to meditate on your own story. Write a short description: How did you become a follower of Jesus? Who helped you move forwards in your faith? How did their story effect yours?

Prayer: Take a few minutes to pray for yourself today, asking God to give you a new boldness in sharing your faith. Then begin praying for people who don't yet know Jesus.

Memorization: Write out the verse Acts 1:8.

Day 2

Scripture: Read Acts 1:1–11 and 1 Peter 3:15–18.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice that stands out to you as significant?

Application: Take 10 minutes to meditate on how you could share your story with someone else. Write out a rough sketch of your story.

Prayer: Take a few minutes to pray for yourself again today, asking God to fill you with his Spirit, giving you power and boldness to share your faith. Then pray for 5 people who you'd like to share your faith with.

Memorization: Write out the verse Acts 1:8 twice.

Day 3

Scripture: Read Romans 10, and Luke 11:9–16.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about this passage that you didn't before?

Application: Spend 20 minutes with your journal today, writing about any previous attempts you have made to share your faith with others. Consider what you did, what you said, and what you might do similarly or differently in the future.

Prayer: Take a few minutes to pray for yourself again today, asking God to fill you with more of his Spirit. Then pray for the same 5 people who you prayed for yesterday. Ask the Lord to open your eyes to see opportunities to speak to them this week.

Memorization: Try to recite Acts 1:8, re-read it as necessary.

Day 4

Scripture: Re-read Romans 10.

Observation: What stands out to you about this passage, and your understanding of the gospel?

What stands out to you about Paul's heart for his fellow Israelites?

Application: Talk to someone in your small group about ways they share the gospel with others.

Prayer: A disciple is someone who imitates their master. Jesus calls us to be his disciples. Take time to talk to God about your strengths and weaknesses as a disciple of Jesus. Then spend 5 minutes praying for the same 5 people who you prayed for yesterday.

Memorization: Recite Acts 1:8 three times throughout your day.

Week 7

Day 5

Scripture: Read Matthew 28:18–20 slowly.

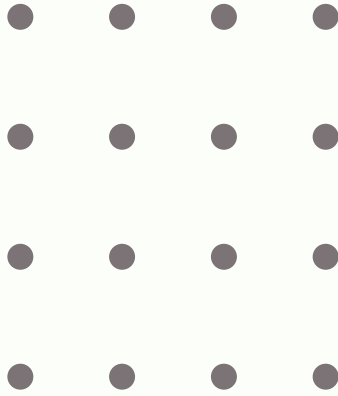
Observation: Spend 3 minutes in silence before God, thinking about verse 18.

Then spend 3 minutes thinking about verse 19, and then 3 minutes thinking about verse 20. What did you notice about this passage that you didn't before?

Application: Take 10 minutes to meditate on Jesus' last words to his disciples. Journal today, considering the difference between just preaching the gospel, and making disciples.

Prayer: Take a few minutes to pray for yourself again today, committing yourself to a life focused on making disciples. Then pray for the same 5 people who you prayed for yesterday. Ask the Lord for opportunities to speak to them this week.

Memorization: Recite Acts 1:8 four times throughout your day, and take a break to meditate on it for 10 minutes during your day.



Week 8

LIVING AS A LIFELONG DISCIPLE

Week 8

Day 1

Scripture: Read 2 Timothy 2.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice that stands out to you as significant?

Application: Take a few minutes to meditate on Paul's words to his disciple Timothy. If your mentor told you those same words, how would you receive them in your context? Journal about it or talk with a friend about it.

Prayer: Take 15 minutes to pray for yourself today, asking God specifically about the kind of ministry he would like to see you involved in. Then pray for others in the church who are actively making disciples.

Memorization: Write out the verse 2 Timothy 2:2.

Day 2

Scripture: Read Hebrews 12.

Observation: Spend 5 minutes in silence before God, thinking on verses 1&2.

Application: Take a few minutes to consider things that will remind you to keep your eyes on Jesus throughout your week. Make a list if it will help you. Compare your list with that of a friend from your home group and see if you pick up any other tips.

Prayer: Find 10 minutes to pray out loud today. Just have a conversation with God about the things that are on your heart after reading this bible passage, and meditating on the memory verse.

Memorization: Write out the verse 2 Timothy 2:2 twice.

Day 3

Scripture: Read John 15.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about this passage that you didn't before?

Application: Meditate on this thought – Jesus called his disciples “friends”. Can you envision yourself as a friend of Jesus? What would that mean to you? How would you spend your time with him?

Prayer: Take 15 minutes to pray in whatever form you would like. Just talk to Jesus like a friend. Pray for yourself, then pray for both someone who is or could be your mentor, and for someone who you could invest in.

Memorization: Try to recite 2 Timothy 2:2, re-read it as necessary.

Day 4

Scripture: Read Philippians 3.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about the characters in these passages?

Application: Paul wrote these words with some intensity. Are there scriptural themes, or subjects in your life that just get you fired up? What are you passionate about? Journal about your passions, then compare them to Paul's.

Prayer: Return to the model we learned earlier with ACTS. Spend time in Adoration, Confession, Thanksgiving, and Supplication. Pray it for yourself, and for someone who you might disciple.

Memorization: Recite 2 Timothy 2:2 three times throughout your day.

Week 8

Day 5

Scripture: Read John 15 again.

Observation: Spend 5 minutes in silence before God, thinking about what you read.

What do you notice about these passages that you didn't before?

Application: Take some time to visualize yourself grafted into Jesus' vine. Pray, journal, or discuss with a friend about what it means for you to live connected to Jesus in such a way that he becomes your source for everything.

Prayer: Take 15 minutes to pray through the elements of your 1 page "rule of life" that your small group discussed this week.

Memorization: Recite 2 Timothy 2:2 four times throughout your day, and take a break to meditate on it for 10 minutes during your day.



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